



ST. ANNE'S CATHOLIC PRIMARY SCHOOL

PHYSICAL EDUCATION POLICY

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In St. Anne's School Physical Education has a major role to play in the development of young children. It is an integral part of the total education of our children and is closely allied to other creative and learning experiences and skill acquisition. It makes a significant contribution to the all round harmonious development of the mind and body. In St. Anne's our overall purpose is to provide rich and varied learning experiences with a provision of a broad, balanced and well-differentiated programme of physical activities in order to promote a healthy, active lifestyle and the love of the open air.

To ensure good practice in physical education at St. Anne's our aim is to assist the natural process of growth: -

- a. To inculcate in the pupils a respect for the dignity of one's own body and those of others.
- b. The pupils will be provided with opportunities to exercise and to develop the social, creative and physical skills appropriate to their age.
- c. Movement, gymnastics, organised games, athletics, swimming and dance are seen as essential parts of this sphere.
- d. The child should be given the opportunity for inventiveness and creativity, working alone or in groups.
- e. The essence of the work should be to improve physical skills, develop balance and co-ordination and increase flexibility and strength in a variety of imaginative ways which challenge the mind as well as the body.
- f. As in all areas of the curriculum, the emphasis should always be on the quality of the work and the striving for personal excellence.
- g. Kinaesthetic awareness should be seen as being of prime importance.
- h. To ensure safe practice for our pupils at all times.
- i. To develop positive attitudes to participation in physical activity.
- j. To provide all children with 2 hours of high quality physical activity each week.

Role of the Co-ordinator: -

1. To have a major responsibility for co-ordinating the Physical Education Curriculum.
2.
 - (a) To take a leadership role in planning, teaching and evaluating the Physical Education programme.
 - (b) Ensuring consistency within curriculum units and promote progression.
 - (c) To ensure adequate time allocation for the various activity areas, i.e. timetable of the hall.
4. To be available to assist colleagues with guidance and support.
5. To ensure staff realise the value of Physical Education as an essential

6. To ensure that the P.E. Programme is varied including a variety of physical experiences which are both enjoyable and demanding for the children.
7. To develop confidence of inexperienced teachers or those teachers who feel ill equipped for or even dislike teaching of the subject.
8. To act as a resource for other teachers as well as taking responsibility for equipment and resources.
9. To act as a link between St. Anne's and our secondary schools in order to develop continually movement competence. This development of good relationships between ourselves and the appropriate secondary schools will ensure a much easier transition for the pupils and enable continuity of Physical Education learning experiences to be maintained.

Equal Opportunities and Inclusion

1. We believe that all tasks and activities related to Physical Education should be available to all pupils regardless of physical capabilities, race, gender, creed and culture.
2. P E Materials and resources should be chosen carefully to allow the children to participate in all aspects of PE.
3. We should encourage pupils to look at different roles for men and women in all sports.

Units Covered

KS1 and 2 cover

Games

Dance

Gymnastics

Athletics

KS2 year groups also attend 5 swimming sessions per year

Y1 up to Y6 have 1 half hour Fitbods session each week

Each Year group has a playtime equipment box that they can use

How ICT is used in lessons

All staff have an Internet Website directory which includes PE. Sportsplan, a PE software which helps teachers to demonstrate all aspects of primary PE.

Time Allocations

Reception has 1 hour per week

KS1 has 1 hour per week

KS2 has a 1 hour session and a half hour session per week

Assessment

Children are continually assessed through observation by the teacher when they are working individually or in groups, questioning, discussing and listening.