



# St Anne's Catholic Primary School

*Living and working as Jesus taught us.*

## A Journey in **LOVE**

*A developmental programme for children in the primary years*



*Nursery*



*Reception*



*Year One*



*Year Two*



*Year Three*



*Year Four*



*Year Five*



*Year Six*

# RSHE (Relationships and Sex Education)



- St Anne's Catholic Primary School aims to provide a suitable programme that follows the statutory need to include RSHE into their curriculum from September 2020 which meets the ethos of its Catholic identity and mission.
- The purpose of this Relationship, Sex and Health Education (RSHE) policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.



- Our School's mission embraces the spiritual, physical, intellectual, emotional, moral and social development of children and young people, and through an agreed approach to Relationship and Sex Education (RSE) using the Archdiocesan recommended resource 'Journey In Love' 2020 we believe that we can promote the development of the whole child, so that children can grow in virtue, wisdom and stature, understanding both the emotional, social and physical aspects of growing spiritually, as well as moral aspects of relationships within a context of a Christian vision for the purpose of life.
- The other aspects of the Statutory curriculum intent will be met through our: Come and See (Religious Education) soon to be to know You more clearly; Science; PSHE curriculum and Physical Education.

Love...

# The purpose of RSHE

- The aims of Relationship, Sex and Health Education (RSHE) at St Anne's Catholic Primary School are to:
- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.



# Delivery of RSHE (Journey in Love)

- Relationship and Sex Education (RSE) is taught both discretely and within the Personal, Social and Health Education (PSHE) curriculum lessons. Some aspects of the RSHE curriculum may be touched upon in other lessons as it shares links with Religious Education, Science and Physical Education.
- Our RSHE will ensure that content is relevant to the age, experience and maturity of pupils.
- The new statutory guidance for Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:
  - Families and people who care for me
  - Caring friendships
  - Respectful relationships
  - Online relationships
  - Being safe
- These areas of learning are taught within the context of 'family life' and could include married or single parent families, same sex parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures, along with reflecting sensitively that some children may have a support structure around them

# The curriculum... EYFS

## Early Years

The wonder of being special and unique



1. A Journey in Love  
– Early Years –

- Nursery: Wonder at God's love
- Reception: God loves each of us in our uniqueness.



KS1

# Year 1

We meet God's love in our family



1. A Journey in Love  
- Year 1 -

- Year 1: Children know and understand that they are growing and developing as members of their own family and God's family
- Year 2: Children know and understand that they are growing and developing in a God-given community.

# Year 2

We meet God's love in the community



1. A Journey in Love  
- Year 2 -



LKS2

# Year 3

How we live in love



# Year 4

God loves us in our differences



- Year 3: Children know and understand the virtues essential to friendship, e.g. loyalty, responsibility... and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.
- Year 4: Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.



# UKS2



- Year 5: Children become aware of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom, etc. and grow further in their understanding of God's presence in their daily lives.



- Year 6: Children develop in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.