## Long Term Plan INSPIRE

Independent, Nurture, Skills, Progress, Individual, Resilience, Encourage

Key Stage	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 A	Families and friendships (linked to RE & RSE)  Respecting ourselves and others (Linked to school rules and behaviour policy)  Media literacy and digital resilience & Keeping safe (Linked to computing)	Families and Friendships (linked to RE & RSE)  Belonging to a community (linked to RE & RSE)	Physical health and mental well-being (Linked to science) Growing and changing (Linked to science)	Media literacy and digital resilience & Keeping safe (Linked to computing)	Physical health and mental well-being (Linked to science)	Growing and changing (Linked to transition)  Money and work (linked to Maths)
KS1 B	Families and friendships (linked to RE & RSE)  Respecting ourselves and others (Linked to school rules and behaviour policy)  Belonging to a community (linked to transition)  Money and work (linked to Geography and jobs in the local area)	Physical health and mental well-being (Linked to Science)	Keeping safe (linked to History)  Safe relationships (linked to English text)	Physical health and mental well-being (Linked to Science and History)	Keeping Healthy including sun safety (Linked to History)	Growing and changing (Linked to transition)  Belonging to a community (linked to RE)  Money and work (linked to Maths)
LKS2 A	All about me	Living Together	Health for life	Where we live	Safe and Sound	Looking after myself Health and wellbeing
LKS2 B	What makes a family? Y3 Personal boundaries	Recognising respectful	The Values of rules and laws Y3	Different jobs and skills; job stereotypes; setting	Health choices and habits; what affects	Personal strengths and achievements;

	Positive friendships inc online Y4 Responding to hurtful behaviour Y4	be- haviour Y3  Respecting differences and similarities; discussing difference sensitively Y4	How the internet is used; assessing information on line Y3  What makes a community; shared responsibilities Y4  How data is shared and used Y4	personal goals Y3  Making decisions about money; using and keeping money safe Y4	feelings; ex- pressing feelings Y3  Maintaining a balanced life- style; oral hygiene and dental care Y4	managing and reframing setbacks Y3 Risks and hazards; safety in the local environment and unfamiliar places Y3 Physical and emotional changes Y4  Medicines and household products Y4
UKS2 A	Managing conflict	The world at work	Managing own safety	Changing relationships	Rights and responsibilities	Transition/looking at the world
UKS2 B	Democracy British Values	Attraction to others; romantic relationships; civil partnership and marriage.  (Y6)  Recognising and manag ing pressure; consent in different situations. (Y6)	Protecting the environment; compassion towards others.  (Y5)	Identifying job interests and aspirations; what influences career choices; workplace stereotypes.  (Y6) Attitudes to money and financial risks (Y6)	Personal identity; recognising individuality and different qualities; mental wellbeing  (Y5)	What affects mental health and ways to take care of it; managing change loss and bereavement. (Y6)